

ANTHONY PAUL

A S S O C I A T E S

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© Andrew Johnstone

Lauren Downie

Location	Glasgow City, Greater London	Eye colour	Green
Height	167 cm	Hair colour	Dark Brown
Weight	81.65 kg	Hair length	Mid Length
Playing age	23 - 33	Voice	Assured, Clear, Engaging
Appearance	White		

OFFIE Nominee 2022, 2023 & 2025 Lauren Downie (June/Alison/Ensemble) is the backbone of the piece. Her chameleon like ability to change to whatever a scene needs of her is outstanding. She is in equal parts a comedic powerhouse and an absolute heartbreaker." Trainspotting Live 2022

Stage

2025, Zoe Douglas, MONSTER, Seven Dials Playhouse, Kevin Tomlinson
2024, Saff/Oli, DICKLESS - ONE WOMAN SHOW, Riverside Studios, Aisha Josiah
2023, Allison & June, TRAINSPOTTING LIVE U.K. TOUR, Kings Head, Seabright & In Yer Face
2018, Allison/June, TRAINSPOTTING LIVE - OFF-BROADWAY, Brass Jar Productions, Adam Spreadbury-Maher
2017, Saff/Oli, DICKLESS - ONE WOMAN PLAY OFF-BROADWAY, Fundamental Theatre Project, Jamie Sims
2016, Adele, PLAYING WITH FIRE, Strindberg, Eddie Prunoske

Television

2025, I WAS HONEY BOO BOO, BH Movies/Lifetime TV, Katie Boland
2014, Featured, HE SAID SHE SAID, MTV
2014, Cheryl, WORLD'S ASTONISHING NEWS, Nippon Television (NTV), Yuki Gouroku

Immersive

2019, Alison/June, TRAINSPOTTING LIVE - UK TOUR & ED FRINGE, King's Head Theatre/In Your Face Theatre, Adam Spreadbury-Maher

Feature Film

2016, Jamie, LOVE IS A BROADWAY HIT, Lucida Entertainment, Peter Lee

Musical

2017, Nancy O'Brien, MICHAEL COLLINS - THE MUSICAL, ASCAP, AD - Stephen Schwartz, Salzman & Cunningham

Audio

2024, Helga Heymann, BRING AGAIN THE NOW OF THEN, Kenny Burnham

Event

2017, Carol, BLACK COMEDY - HOSTED BY ALEC BALDWIN, Broadway, Sam Underwood

Pantomime

2025, Bish & Understudy, ALADDIN, Bard of the Botanics, Gordon Barr

2021, Wendy, PETER PAN, Spillers Productions, Garry King

Workshop

2014, Ensemble, BENJAMIN BUTTON THE MUSICAL, Stephen Nachamie

Commercial

2010, Featured, T IN THE PARK, BBC, BBC Scotland

Music Video

2026, DON'T PLAY THE VICTIM - CRAWFORD MACK, First Cover Films, Eilidh Loan

2021, Dancer, NOCTURNAL BY AARON SMITH, Greenroom Films, Ellen De Faux

Accents

American-California, American-New York, American-Standard*, Dublin, Edinburgh, English-Standard, Fife, Geordie, Glasgow*, Irish RP, Liverpool, RP, Scottish-Standard*, Scottish-West Coast

Music & dance

Ballet, Ceilidh Dancing*, Dance (general)*, Harmony Singing, Hip Hop Dance, Jazz Dancing, Pop Singing, Scottish Dancing, Singing (general)*, Soprano, Tap

Performance skills

Actor-Singer*, Children's Theatre, Comedy*, Corporate Roleplay*, Immersive Performance*, Live Roleplay*, Musical Theatre*, Physical Comedy*, Professional Singer*, Promenade Theatre*

Sports

Cycling, Stage Combat, Swimming

Licences

Car Driving Licence

Other skills

Bartender, Magician/Illusionist Assistant, Wire Experience-Flying

(* = highly skilled)

Training

American Musical & Dramatic Academy, 2011-2013

The Dance School of Scotland - ATCL Diploma 2011