

ANTHONY PAUL

A S S O C I A T E S

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Ben Holland-Fricke

Location	Surrey, Cheshire East	Eye colour	Blue-Green
Height	183 cm	Hair colour	Light/Mid Brown
Playing age	16 - 25	Hair length	Short
Appearance	White		

Ben is currently in his third year of training as an Actor-Musician at Guildford School of Acting. He is also a budding writer, songwriter and composer.

Workshop

2025, Michael, I SHOULD BE SO LUCKY, ATG, Stuart Morley
2025, Joe, FUN AT THE BEACH ROMP-BOMP-A-LOMP!!, ATG, Sarah Long, Martin Landry, Brandon Lambert
2024, Tommy, CLIFFS, ATG, Dean Johnson
2023, Ensemble, THE CURIOUS CASE OF BENJAMIN BUTTON, ATG, Jethro Compton

Stage

2025, Man in Auditorium/Sam Craig (& Assistant Director), OUR TOWN, Guildford School of Acting, Dan Smith
2024, Man with Socks/Drunk 2, THE CURIOUS INCIDENT OF THE DOG IN THE NIGHT-TIME, Guildford School of Acting, Cressida Carré
2024, The Soldier/Hansel, GRIMM TALES (SIBIU INTERNATIONAL THEATRE FESTIVAL), Guildford School of Acting, Niall Bailey & Rachael Kerridge

Musical

2025, Harold Pudding/Mad Hatter (& Music Captain), ALICE BY HEART, Guildford School of Acting, Marcus Bazley
2024, Caleb, THE SPITFIRE GRILL, Guildford School of Acting, Phyllida Crowley Smith

Accents	American-Standard, Heightened RP, Northern*, RP
Languages	English*
Music & dance	Ballet, Baritone*, Bass Guitar, Double Bass, Harmony Singing*, Jazz Dancing, Sight-Reading*, Songwriter, Tap*, Viola*, Violin*
Performance skills	Actor-Musician*, Actor-Singer*, ACTT - Standard - Rapier & Companion, ACTT - Standard - Single Sword, ACTT - Standard - Unarmed, Laban Training, Musical Theatre, Sight-Reading (non-musical)*, Story Telling*
Other skills	Composer, Lyricist

(* = highly skilled)

Training	GUILDFORD SCHOOL OF ACTING, Actor-Musician, 3 years, 2022 - 2025
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